

RIO GRAPPLING CLUB

GRADINGS

Update 2017

GENERAL RULES:

We endorse and enforce the official belt requirements as set by the IBJJF, but we believe we need to go beyond that and push for higher standards than other teams. The rules below shall be respected at all times by all our instructors:

1. All adult gradings shall be conducted in a presence of a black belt from the team;
2. Gradings shall be conducted in special events such as seminars from team members, oversea coaches from the team, camps or in normal classes;
3. Gradings shall not be received in seminars or classes from coaches from other teams, in or outside our premises, no matter how high their reputation or grade is;
4. Gradings shall not be done in podium of competitions, on informal situations or without the presence of the black belt responsible for that group;
5. A coach can only grade up to two levels below his, for example, a black belt can grade up to purple belt, a black belt first degree can grade brown belts, and only a second degree black belt can grade a black belt;
6. New Black belt must be approved in advance by Roberto Atalla and/or Mauro Chueng;
7. In Continental Europe, black belts shall be received in our Summer Camps. For Italian and Polish students, this rule applies also to brown belts;
8. Kids gradings shall be conducted by the instructor to their own kids, respecting the time requirements set by the IBJJF. Purple or Brown belt instructors can promote their kids up to green belt, following the IBJJF guidelines;
8. Stripes can be given every 6 months by the instructor responsible for the course in normal classes, seminars or gradings, irrespective of belt (in other words, any instructor can give stripes to his own students), respecting the time requirements below:

Minimum Time Requirements:

White to Blue belt -

Person A (trains 6 hours a week or more) - 1 year of regular practice

Person B (trains 2 to 3 hours a week in average) - 2.5 years of regular practice

Blue to Purple belt -

Person A - 2.5 years after blue (absolute minimum 2 years)

Person B - 4 to 5 years after blue (depending on performance, at least 3hs/week)

Purple to Brown belt -

Person A - 2.5 years after purple (absolute minimum 2 years)

Person B - 4 to 5 years after purple (depending on performance improvements, minimum attendance 4hs/week)

Brown to Black belt -

Person A - 2.5 years after brown (absolute minimum 2 years)

Person B - 5 years after brown (minimum attendance 4hs/week)

Stripes on coloured belts - Stripes should not be given more than twice a year, and never more than 2 at once!

Person that trains more than 6 hours a week - 2 stripes each 6 months

Person that trains less than 6 hours a week - 1 stripe each 6 months if training regularly

A maximum of four stripes is possible on each belt. A fourth stripe blue is not guaranteed to be promoted to purple in the next gradings unless all requirements are met and sufficient progress has been made by the student.

Stripes on black belts

We strictly follow the IBJJF current guidelines and as such, we award stripes to our black belts only after the time requirements. 3 years interval for the first, second and third degrees, and five years interval for the fourth and fifth degrees, and so on.

The IBJJF does not recognize automatically stripes, because they require black belts to be affiliated to their system since day one and updated every year and having done their referees course as well as reputable.

Although we personally advise all black belts to affiliate to IBJJF on the day after they get their belt even if they do not want to compete if they live from the sport, it is a personal choice, and it is not a problem if our coaches obtain recognition from other federations as long as they have a good reputation and follow the same time standards for degrees (for instance UAEJJF or Rickson's Federation).

The Gauntlet

From now on the gauntlet or "polish corridor" will be optional for women and kids.

Each school shall decide their own rules of engagement when conducting the gradings, respecting common sense. A bit of fun is ok, too much beating is not cool though.

The gauntlet will stay for now in our camps for adults gradings but individuals not inclined to participate can ask out in advance.